

## 一年級英文朗讀比賽

### B2U1

#### Baby! Yes or No?

Today was a wonderful day in my life. I finally found the courage to tell Sally that I liked her. I had planned this day for such a long time!

First, I invited her to see a romantic movie, a perfect choice for the occasion! We had been friends for years, so I wasn't surprised that she accepted my invitation.

We sat quietly through the movie. However, I could feel the increasing warmth between us. I was excited and nervous at the same time. Tonight was my chance to make our friendship become a relationship!

When we left the movie theater, I made my move. I held her arm, took a red rose out of my bag, and said, "I really like you, Sally!" She didn't reply, but she took the rose before walking away. I think she was just too shy to show her feelings. "Call me soon, baby!" I shouted as she left. Tonight I was over the moon. I did it!

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Well, today was just an awful day. Tom invited me to see a movie with him. This invitation made me feel a bit strange because I had never been out alone with him before. However, I accepted his invitation because we were friends. That was such a mistake!

When I arrived at the movie theater, Tom had already bought the tickets. I was surprised that he had chosen a romantic movie. Anyway, the movie was so boring. I let Tom believe I was enjoying it because I didn't want to hurt his feelings.

When the movie was over, I made an excuse to go home right away. Just as I was about to leave, he suddenly grabbed my arm. Then, he presented me with a red rose and told me that he "really liked" me. Again, I didn't want to upset him, so I took the rose before running away. He shouted "baby" while I was escaping from this situation.

My goodness! Can you imagine my surprise? I have to reject Tom because I like David, but I don't want to break Tom's heart. How can I tell him the truth?

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### B2U2

#### Smart Life

Have you ever wondered what cola can do? Most people just take a sip and enjoy this cold, sweet beverage. However, cola is not just a drink. Under the right circumstances, this ordinary item will perform magic—it can remove rust. You don't believe it? In fact, many household objects can be a great help to us in our daily lives, as long as we know how to use them.

On the surface, cola seems to be the same as any other beverage. Most of the ingredients in this type of soda are common: water, sugar, and flavorings. Yet, cola contains a special ingredient—acid. This is why cola can help with the rust problems. Find a rusty object, soak it in cola, and leave it overnight. Then, the acid in the soda will eat away at the rust and make it easy to wipe away the next morning.

Sugar cubes, another common item, can perform magic as well. If you put a few cubes into a container of cookies, the cookies will stay fresh and crisp. Why is that? The sugar can absorb the natural moisture in the air, so it is able to prevent the cookies from going soft. Just throw a few sugar cubes into your cookie jar, and your cookies will last a lot longer.

Then, how about bad refrigerator odors? Do you know how to get rid of them? Believe it or not, used tea bags can do the trick. It seems that a used tea bag is good for nothing, but in fact, it is the perfect thing for this job. If you collect some used tea bags and put them in the refrigerator, they will absorb any bad odors in the refrigerator. This trick doesn't even cost you a penny!

Science is not only for laboratories. It is alive and in use all around you. Learning about the “magic” in common things around your house can be fun. With some basic scientific knowledge, you will know how to get the most out of your household objects. Then, next time you have a problem, you'll know what to do!

## 一年級英文朗讀比賽

### B2U4

#### Fast Food or Fatty food

These days, fast food is very popular worldwide, and many people like it very much. However, according to a study, people who eat fast food more than twice a week gain weight more easily than those who eat it less than once a week. Another study shows that children who start eating fatty food at an early age are more likely to become unhealthy.

Here is a real example of how eating fast food can damage one's health. In 2003, an American filmmaker, Morgan Spurlock, did an interesting but shocking experiment. To find out how fast food would affect a person's health, Spurlock ate three meals a day at McDonald's for 30 days. After drinking milkshakes and eating hamburgers and French fries for a month, he found that he had gained around 11 kilograms. He also began to suffer liver damage and terrible mood swings. Later, Spurlock made his eating experience into a movie which was called Super Size Me. Since more and more people in Asia are eating fast food, Super Size Me is a film that Asians should see.

Though all the big names in the fast-food industry McDonald's, KFC, Burger King are from the United States, more Asians now eat at these restaurants than Americans. There is an important reason why fast food is so popular in Asia. Many Asians today are busy with school and work, so they rarely eat at home. They choose to eat fast food because it can easily replace homemade meals. However, unlike most Asian food, food in places like McDonald's has a lot more salt and fat. As a result, more and more Asians are getting fat. In Taiwan, at least 30 percent of children eat fast food once a week, and over 25 percent of children are overweight.

Is there any way to stop this trend toward eating fatty food? Some customers have complained that fast food makes them fat. They think that they should be warned about the health risks of fast food. These complaints might force fast-food restaurants to make some changes to their menus. In fact, many fast-food restaurants now list calorie counts on their menus. They even offer salads and fresh fruit in order to attract more customers. Maybe it's time for everyone to cut down on fatty food and start having a healthy diet.

## 一年級英文朗讀比賽

### B2U5

#### Peeping Tom

People enjoy hearing about others' secrets, especially those of famous people. Therefore, the paparazzi try everything they can to satisfy the public. Some secretly follow famous people and take pictures of them. Others pry into celebrities' personal lives. People who act like the paparazzi are often called "peeping Toms." The phrase "peeping Tom" refers to someone who secretly watches others without their permission, and it comes from the story of Lady Godiva.

Lady Godiva lived in eleventh-century England. She loved art very much and wanted to share her love of art with the local people. However, the people had to spend all their time working hard, and most of them could barely make a living. Thus, Lady Godiva asked her husband, the Earl of Mercia, to lower their taxes so that the people could have time for art. The earl finally agreed, but he asked his wife to ride naked through the market. He wanted her to do so because the ancient Greeks and Romans had thought of the human body as a work of art. On that day, to show respect for Lady Godiva, the locals stayed at home as she passed by. Yet, Tom, a curious young man, could not resist peeping at Lady Godiva. Then, he suddenly went blind. This is how the phrase "peeping Tom" began.

Today, the newest and easiest way to peep into others' private lives is over the Internet. Some peeping Toms hack into celebrities' computers and steal their personal videos. Other peeping Toms find people's private pictures on Facebook, Google+, or other websites. Because of the Internet, people's private lives have become an open book for peeping Toms to read.

We can protect ourselves in some ways. First, we must be careful with what we post on the Internet. As soon as we put something online or just send an e-mail, other people can see it and pass it along. Second, we have to choose our passwords carefully and never share them. If our password is "123456" or "abc123," then it is easy for a peeping Tom to guess the password. Last but not least, we should have different passwords for different websites. In this way, if someone steals one of our passwords, then not all of our personal information will be at risk.

Today, people's private lives are more public than ever. We must be careful so that we don't show too much of ourselves to peeping Toms.